

Date: 1/24/2011

To:

Dear Friends:

The Jackson County Department of Public Health along with the Jackson County Family Resource Center and Region A Partnership for Children will be providing parenting classes beginning February 21, 2011. We would like to share this information with you.

The curriculum is Parenting Now! The First Three Years. This curriculum is a group based, positive parenting curriculum. In the group settings, the parents learn to: **understand their child's view point, discuss and work through situations they find difficult** and develop solutions consistent with what they want the children to learn. The program helps parents to understand three elements: child's developmental stage, child's individual temperamental tendencies and each parent's individual style and values.

The ten sessions will be free to parents and children. There will be a free meal provided and child care for the 1- and 2-year-old children. The infants will remain with the parents for interaction and observation. Families will have an opportunity to interact with other parents. This can form life-long friendships and a strong support network.

Please consider this new exciting program for families that you are in contact with. Please contact Sally Sutton, SWII at the Jackson County Department of Public Health at **828-587-8286** with any questions, referrals or concerns. Your support and input are appreciated.

Sincerely,

Sally Sutton
Social Worker II