

Face Painting

Face painting is a fun alternative to masks, which can sometimes interfere with vision. Children enjoy how their faces look and feel as they watch their own faces becoming a work of art. Add a mirror nearby so your child can watch herself change right before her eyes! You can make a batch at home and experiment making lots of different colors. Letting your child paint YOUR face too gives her a chance to express her creativity, practice eye hand coordination and learning that even if you change how you look you're still you.

You Will Need

- 1/4 c. Baby lotion
- 1/2 t. Powdered tempera paint
- 1 Squirt no-tear shampoo
- Small paintbrushes or Q-Tips

Mix together and enjoy. Removes easily with soap and water.

Skills

- Creativity & imagination
- Sensory stimulation
- Eye-hand coordination
- Concept of changing how you look, but not changing you

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