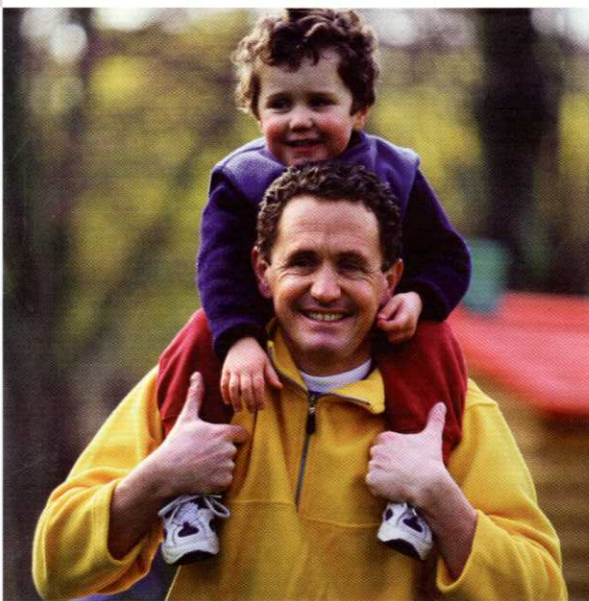
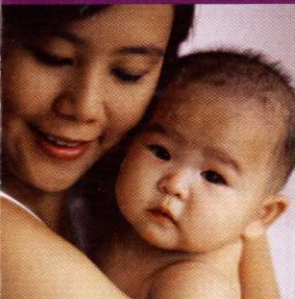


Parenting

THE FIRST THREE YEARS™

Incredible INFANTS
Wonderful ONES
Terrific TWOS



A three-part group-based curriculum for parents of INFANTS, ONES and TWOS.

Dynamic, innovative, evidence-based!



Parents come together for each series of ten sessions and

- Learn about developmental ages and stages
- Gain greater understanding and appreciation of their individual child
- See themselves as their child's first and most important teacher
- Learn effective parenting skills and positive approaches to discipline
- Make friends and become part of a learning, supportive group

Reviewed by a national panel of experts

"The material is excellent...I would not hesitate to recommend this curriculum to programs that run parent groups. Your curriculum will be a wonderful resource to parent group facilitators."

Helen Reif, Manager of Training, Healthy Families America

Parenting Now!
to strengthen families

CURRICULUM • TRAINING • PRODUCTS



A DIVISION OF BIRTH TO THREE

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website: www.parentingnow.net • email: pn@parentingnow.net

PARENTING: THE FIRST THREE YEARS

Three Great Series



The **Incredible INFANTS series** is for parents of newborns. Parents learn to take care of themselves so they can take care of their baby. They learn about infant brain development, ways to have fun with their baby, and keep the baby safe as he or she begins to explore. It is a place to get helpful, practical answers to day-to-day questions about infants, as well as

how to tune into a new baby and get off on the right foot as a family.

The **Wonderful ONES series** helps parents appreciate and handle the challenges of walking, climbing, into-everything toddlers who are long on energy and short on understanding. Parents learn the importance of routines, prevention, and being on their child's side while he or she is learning the rules of our world.



The **Terrific TWOs series** focuses on children who are beginning to talk and have their own ideas. It offers information on temperament, discipline as learning, and what skills TWOs need to be safe and successful as they move into the outside world.



Each of these series contains important information on child development and individual differences. Based on positive principles, the curriculum helps parents bring personal values into their day-to-day and long range parenting practices, to find their own best way to parent.

While there are other ways parents gain information about parenting, there is something very special about the group process. Home visiting programs have found that adding a group component is an important complement to their one-on-one program. The ideas and exercises in this curriculum can be adapted for home visits.

Parenting: The First Three Years was created by Parenting Now! a division of Birth To Three, a nationally recognized organization that has been providing parent education and support since 1978. Many thousands of parents have benefited from these popular, dynamic parenting groups.

Reviewed and praised by a panel of national experts, **Parenting: The First Three Years** is now available for others to create the same opportunities for parents as they begin their family life.

Each series contains:

- **10 individual modules** that focus on important parenting skills and issues. Each module is user friendly and includes goals, an agenda, materials list, preparation guide, class session content, and additional material that allows you to tailor the session to parents' needs.
- **Individual videos**, each spotlighting a segment of the curriculum's sessions, helping to focus the topic and provide "real life" situations for discussion. The videos are presented in 4 to 10 minute segments in DVD format.
- **A Parent Educator Guide** with an overview of the curriculum, information on group process, tips for starting a **Parenting: The First Three Years** program, and materials to help leaders work most effectively with parents in a group setting.
- **15 Parent Booklets** with activity sheets, BabyWatch or Home Practice, Take Home Ideas, and Developmental Spotlights.
- **Evaluation materials** are included.

Parenting: The First Three Years is available as a complete curriculum set or as an individual series: the **Incredible INFANTS**, **Wonderful ONES**, or **Terrific TWOs**.

The collage shows several pages from the curriculum. At the top right is a 'Session Agenda' page with a table listing 10 sessions. Below it is a 'Preparation List' page with a section for 'PREPARE FOR SESSION' and a list of items to bring. On the left is a page titled 'Encouraging Your Developing Baby' with a large number '3' and 'KEY CONCEPTS'. At the bottom right is a page titled '12 Differences in Play and Interaction Styles' with a large number '12' and a list of differences.

Key Concepts and Goals

All series booklets are 8-1/2 x 11" format

CURRICULUM

Make Parenting A Pleasure

#101	<i>Make Parenting A Pleasure</i> Complete Curriculum set	\$899* set
	Additional Supplies	
#102	<i>Make Parenting A Pleasure</i> Parent Booklets, set of 15	\$119 set
#103	<i>Make Parenting A Pleasure</i> Graduation Certificates, set of 15 - NEW DESIGN	\$ 10 set
#104	<i>Make Parenting A Pleasure</i> DVDs, set of 3	\$ 99 set
#105	<i>Make Parenting A Pleasure</i> READYKIT set - NEW ITEM	\$149 set

Haga de la Paternidad un Placer

#S-101	<i>Make Parenting A Pleasure</i> , Spanish Adaptation Curriculum set	\$799* set
	Additional Supplies	
#S-102	Spanish Adaptation Parent Booklets, set of 15	\$119 set
#S-103	Spanish Adaptation Graduation Certificates - NEW DESIGN	\$ 10 set

Parenting Now! Curriculum

#201	<i>Parenting Now!</i> Curriculum set	\$399* set
	Additional Supplies	
#202	<i>Parenting Now!</i> Parent Booklets, set of 15	\$119 set
#203	<i>Parenting Now!</i> Graduation Certificates, set of 15	\$ 10 set
#204	<i>Parenting Now!</i> DVDs, set of 3	\$ 99 set

Parenting: The First Three Years

#500	<i>Incredible</i> INFANTS Complete Curriculum set	\$799 set
#501	<i>Wonderful</i> ONEs Complete Curriculum set	\$799 set
#502	<i>Terrific</i> TWOs Complete Curriculum set	\$799 set
#503	<i>Parenting: The First Three Years</i> Curriculum suite (INFANTS, ONEs, and TWOs)	\$2,100 suite
	Additional Supplies	
#504	INFANTS Parenting Booklets, set of 15	\$119 set
#505	ONEs Parenting Booklets, set of 15	\$119 set
#506	TWOs Parenting Booklets, set of 15	\$119 set
#507	INFANTS, ONEs, or TWOs DVDs, set of 3 (Indicate choice)	\$ 99 set

TRAINING

#T-101	<i>Make Parenting A Pleasure/Parenting Now!</i> , Training for parent educators	\$325 per person
#T-S101	<i>Haga de la Paternidad un Placer</i> Training for parent educators	\$325 per person
#T-501	<i>Parenting: The First Three Years</i> , Training for parent educators	\$325 per person
#T-601	<i>Make Parenting A Pleasure</i> Booster Training for parent educators	call for information

PRODUCTS

Words to Love By - Parenting Affirmation Card Collection

#U-401	<i>Words to Love By</i> Cards set of 12 - NEW DESIGN - Better Value	\$ 54 set
#U-402	<i>Words to Love By</i> Bookmarks-set of 20 (five each of the four designs)	\$ 19 set
#U-403	<i>Words to Love By</i> Magnets-set of 20	\$ 19 set

Squishtivities

#Q-801	Program of interactive activities for child/parent together time	\$ 49 set
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Reachables - Family Goal Setting Card set

#R-601E	English language set - Parent, Child and Family goal setting cards	\$ 49 set
#R-601S	Spanish language set - Parent, Child and Family goal setting cards NEW ITEM	\$ 49 set

